Integrity Essay

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The way one acts and uses words is an important indicator of his personal integrity. Integrity is very important. There are a lot of ways I maintain integrity. I need to be careful about what I say, do, and write, even when expressing opinions.

When I write anything, whether it would appear on paper, social media, or elsewhere on the internet, I need to communicate in a way that isn't offensive. I am careful to think before I write anything.

When I am talking to other people I try to make sure they understand what I am saying, but are not getting hurt by my words. I understand others have different opinions than I have, but I want them to understand how I see things. I try not to get angry with their opinions. No matter how strongly I disagree, I still try to keep our interactions positive.

I try to exemplify integrity in my everyday life. I always try to do the right thing and be kind to others. I want people to look at me like I am a responsible and honest person.

I think Martin Luther King Jr. is a great person to think about when you are talking about integrity. He was a great role model. He expressed his opinions without hurting anybody. So I always try to do the same when I am expressing my opinions. My goal is to always communicate honorably, and to inspire other people to do the same.