

Committee for Integrity Enhancement

Division I

2015 Essay Winner

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Integrity to authority is something our world is starting to lack due to social media and disrespect to authority in other ways. This essay will depict how my attitude toward rules and procedures reflects my integrity, and how body language and facial expressions display my response to authority, and how I convey my attitude toward authority to my peers.

Integrity is one of the most important of the virtues. It is also one of the most confusing. We are human beings, and we naturally make mistakes. Even though our mistakes do not test our integrity, our responses to authority does (Landis) For example, if you get in trouble at school and you are asked to admit to your actions but are dishonest, you are just digging a deeper hole. However, if you admit to your mistakes, you receive a consequence and learn from it rather than hide from it. This example shows integrity.

Body language and facial expressions can say more than words when responding to authority. A first impression of behavior makes a permanent impression on how you handle yourself (Masefield). If you say you're sorry to someone while rolling your eyes, that person won't think it's a sincere apology. Appropriate body language shows you have a great amount of integrity.

You should show integrity to your friends as well. Respect earns and keeps friends. In the future, your attitude and body language determines your success at work and in your daily life.